



AMATEUR COUPLE ROUNDS

A UNIQUE EVENT FOR COUPLES

This high-energy class simulates a ballroom competition environment by running back-to-back rounds of the key dances, just like in real events.

For Whom: Social Foundation through Open level couples

Dances: Waltz, Tango, Foxtrot, Cha-Cha, Rumba, Swing

Why Join?

- **Endurance Building**
 - Strengthen stamina for competition and showcases
- **Transition Training**
 - Practice switching music, rhythm, and frame on the fly
- **Lead & Follow Precision**
 - Improve communication under realistic conditions
- **Mental Focus**
 - Boost your ability to perform under pressure
- **Community**
 - Build camaraderie with fellow couples & stay motivated
- **Floorcraft Practice**
 - Learn how to navigate a crowded dance floor like a pro

August 14 at 6:15 – 7:00 PM
August 28 at 6:15 – 7:00 PM